

NOONDAY INTERFAITH SERVICE:



HOPE: FINDING STRENGTH IN THE HEALING JOURNEY

Good afternoon,

We gather as people of different faith backgrounds and experiences united by shared human need for hope. In a hospital setting, especially, we come face to face with vulnerability, uncertainty, courage, and compassion every day. Our theme, Hope: “Finding Strength in the Healing Journey” reminds us that healing is not only limited by the physical, but also to our emotional and psychological well-being. Its about the strength we find in one another, in our communities, and in the deeper truths that sustain us. May this time togetherbring comfort, reflection, and renewed hope for all who are walking difficult roads.

SELECTED READINGS FROM FAITH TRADITIONS:

JEWISH READING:

“Do not fear, for I am with you; don’t be afraid, for I am your God. I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

- Isaiah 41:10 Hebrew Bible

CHRISTIAN READING:

“Rejoice in hope, be patient in suffering, persevere in prayer”

- Romans 12:12

ISLAMIC READING:

“ Indeed, with hardship comes ease”.

- Quaran 94:5-6

HINDU READING:

“ One who is steady in difficulty and calm in suffering finds peace.”

SIKH READING:

“ Even in the darkest night, the Divine Light remains”.

- Guru Granth Sahib

REFLECTION: HOPE: FINDING STRENGTH IN THE HEALING JOURNEY

MUSIC: ON THE NATURE OF DAYLIGHT- BY MAX RICHTER

RESPONSIVE READING:

Leader: In times of illness and uncertainty

People: We seek hope and strength

Leader: When fear and exhaustion weigh heavily upon us

People: May we find courage for each day

Leader: For patients facing pain, waiting, and healing,

People: May they be surrounded by compassion and care

Leader: For families carrying worry and grief,

People: May they find comfort and peace.

Leader: For our healthcare professionals who are present here in this setting,

People: May they be sustained in wisdom, patience, and kindness

Leader: In moments of darkness,

People: May the light still find us

Leader: In moments of weakness,

People: May love strengthen us

Leader: Across every faith, tradition, and background,

People: May we care for one another with dignity and compassion.

Leader: May hope arise within us, even now.

People: And may peace guide us in the healing journey.

Leader: Let us continue together in hope,

People: Together in hope.

CLOSING PRAYER

SEND-OFF:

Thank you for being part of this time we've shared together.

As we leave this space and return to our rooms, our work, our loved ones, and our journeys of healing, may we carry with us the reminder that hope is often found in small but meaningful things: in kindness, in presence, in courage, and in the care we offer one another each day.

To all patients, may you find strength for the road ahead.

To all families and loved ones, may you find comfort and peace.

To all caregivers and staff, may you be sustained in compassion and renewed in spirit.

Whatever tomorrow brings, may none of us forget that even in difficult seasons, light still remains.

Go in peace, go in hope, and may healing in all its forms continue among us.